

NHS
Essex Partnership University
NHS Foundation Trust

Why Employ a Clinical Associate in Psychology?

Develop your workforce and invest in the future of your services.

Why consider employing a CAP?

Today's NHS services face growing demand for psychological care.

Meeting this demand requires innovative approaches to workforce development; CAPs can be an important part of this development. As part of a multidisciplinary team, CAPs provide a sustainable and cost-effective way to broaden the psychological skill mix and expand access to high-quality, evidence-based care. Within their defined scope of practice, they can provide psychologically informed assessment, formulation and intervention, including stabilisation and psychologically informed support for people who may not yet be ready for full psychological therapy. As Band 6 practitioners, CAPs complement qualified psychologists and strengthen the wider psychological workforce, helping services provide the right level of psychological support as part of a broader pathway of care.

What can a CAP do?

- Assessment
- Formulation
- Evidence-based Intervention
- Risk Assessment
- Psychoeducation
- Outcome Monitoring
- Service Evaluation
- Facilitating Groups
- Stabilisation Work

How can a CAP add value?

Benefits for your service:

- Increase clinical capacity
- Improve access to psychological care
- Support more timely interventions
- Enhance multidisciplinary working
- Increase flexibility within the workforce

Benefits for your workforce:

- Grow your own psychological workforce
- Develop a sustainable workforce pipeline
- Allow highly specialised practitioners to focus on complex presentations
- Strengthen succession planning
- Increase resilience within teams

Benefits for your patients:

- Improved access to evidence-based psychological care
- Greater continuity of care
- Earlier intervention where appropriate
- More psychologically informed services
- Improved patient experience



Why choose EPUT as your training provider?

🤝 Employer partnership
We work alongside employers to understand their service needs, advise on developing the CAP role and support you throughout recruitment and training.

🏥 NHS-based expertise
Our programme is delivered within an NHS Trust, bringing clinical and service expertise directly into the training experience and connecting learning to real NHS practice.

🎓 University of Essex partnership
Our MSc is awarded by the University of Essex, with the programme subject to university validation and academic quality assurance.

✓ BPS-accredited programme
Our Adult Mental Health and Adult Health, Ageing & Disability pathways are BPS accredited, demonstrating that they meet professional training standards for Associate Psychologists.

👥 Learn from the CAP community
We can connect prospective employers with existing CAP employers, trainee CAPs and graduates to hear first-hand about their experiences and how CAPs can be utilised within different services.

🔗 Integrated workplace learning
Academic teaching is combined with supervised clinical practice and workplace learning, with regular progress reviews bringing together the trainee, employer and training provider.

University of Essex

The British Psychological Society
ACCREDITED

Find out more about what it's like to work for EPUT via the QR code.