EPUT Forum

Essex Partnership University
NHS Foundation Trust

Who we are

The EPUT Forum is a space to share ideas and feedback to shape the Trust's services and learn from each other. It is open to staff, volunteers, people with lived experience and members of the public.

Key takeaways from our October 2026 meeting

We heard how lived experience ambassadors have been actively encouraged to help us develop a virtual psycho-educational group for autistic people living in south Essex.

Attendees were shown how Kinetic, our online platform to advertise volunteering opportunities, works and how to access their accounts.

There was a discussion about how more information could be shared with the wider public about service development and improvement work at EPUT.

Attendees discussed how the increased use of digital communication across healthcare services impacts people who prefer face-to-face or phone contact.

Actions

Attendees were asked to share suggestions on what would help them to use the Kinetic platform more easily.

Look at holding presentations on makng information accessible and community health services in response to requests.

Next meeting: 4 December 2026 (11am - 1pm)

Email epunft.pet@nhs.net to register - include 'EPUT Forum' in the subject header. You can also email us questions you'd like to ask about our community mental health services - please email them to us by 5pm on Wednesday 25 November