University of Essex

NHS
Essex Partnership University
NHS Foundation Trust

EPUTs MSc CAP Programme Overview

Programme at a glance:

⏱️ Duration - 18 months

🎓 Qualification - MSc (Level 7)

🏛️ Delivered by EPUT in partnership with the University of Essex

📖 BPS Accredited

🏥 Workplace learning integrated throughout the programme

👥 Weekly Clinical Supervision

📈 NHS pay banding: trainee band 5, qualified band 6

🎯 Outcome: Qualified Clinical Associate in Psychology

Programme outcomes:

On successful completion, trainees will have developed the knowledge, skills and behaviours to:

✔️ Conduct psychological assessments

✔️ Develop psychological formulations

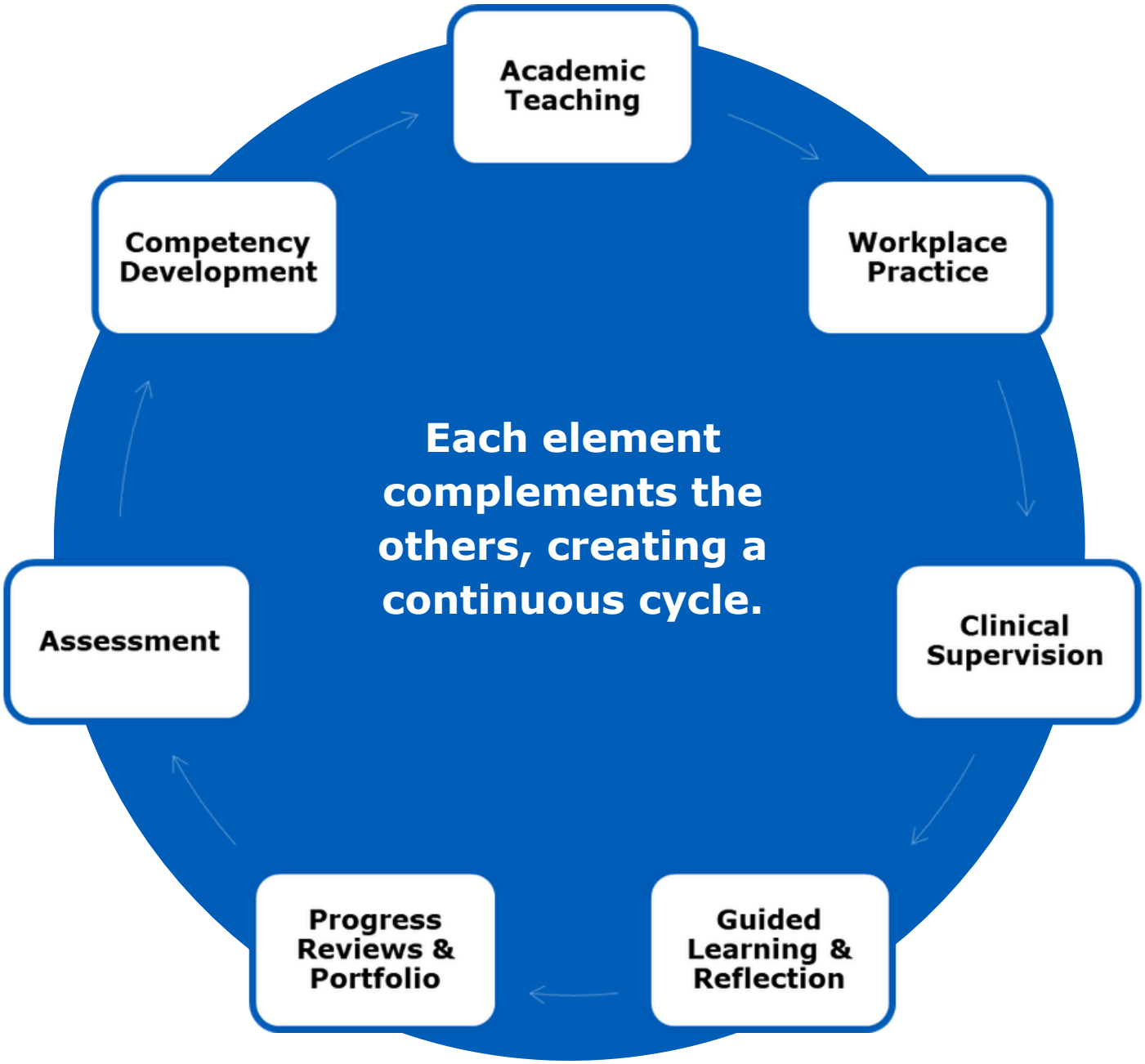
✔️ Deliver evidence-based interventions within scope of practice

✔️ Work effectively within multidisciplinary teams

✔️ Evaluate practice and contribute to service improvement

The British Psychological Society
ACCREDITED

An integrated approach to learning:



Learning on the programme is continuous and interconnected. Academic teaching provides the knowledge base, workplace learning allows apprentices to apply their skills in practice, and clinical supervision supports reflection, development and safe practice. Together, these elements create a structured learning journey that develops competent Clinical Associates in Psychology who are ready to meet the needs of the populations they serve.

The trainee learning journey

Beginning your training

- Workplace induction
- Initial needs assessment

Building strong foundations

Module 1 - Professional Practice & Working in Systems.
Professional identity, ethics, governance, reflective practice and working effectively within health and care systems.

Module 2 - Assessment, Formulation & Presentations.
Developing skills in psychological assessment, formulation and understanding clinical presentations relevant to the apprentice's chosen pathway.

Developing clinical practice

Module 3 - Psychological Interventions.
Applying evidence-based psychological interventions safely and effectively within scope of practice

Module 4 - Applied Research & Service Improvement.
Using research, audit and service evaluation to support continuous improvement in psychological services.

Module 5 - Clinical Practice.
Applying learning within supervised clinical practice while developing competence and confidence.

Preparing for qualification

Module 6 - Further Clinical Practice.
Consolidating clinical competencies and demonstrating increasing autonomy within the defined scope of practice.

Gateway

Module 7 - End Point Assessment.
Demonstrating that the apprentice has achieved the knowledge, skills and behaviours required to practise safely as a Clinical Associate in Psychology.