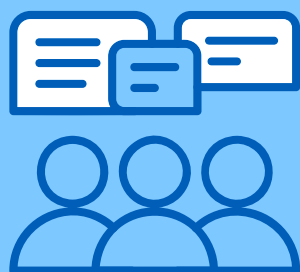


Public Summary (August 2026)



What we covered



- Attendees discussed how to raise awareness of co-production opportunities and the EPUT Forum to increase participation.
- We heard examples of co-production and therapeutic activities in mental health services.

Key takeaways

The Open Arts community arts programme has been relaunched and is holding a 12-week course at Basildon Community Resource Centre from September.

An update was given on the coproduction conference taking place in October and attendees discussed suggestions for networking opportunities.

Attendees would like to know more about co-production involvement opportunities in the Trust.

The Clinical Health Psychology Team in Harlow are involving people with lived experience to shape and improve services.

Attendees discussed how the EPUT Forum could be promoted more widely.

Attendees were happy with the format of the EPUT Forum so far and a question was raised about how we can measure its success.

Public Summary (August 2026)

Actions / next steps

Look at how we include more information about carers' needs.

Look at how we can promote the forum to encourage more participation.

Join our next EPUT Forum

Next Forum: 21 October 2026 (11am - 1pm)

Email epunft.pet@nhs.net for a joining link for the next meeting.
Include 'EPUT Forum' in the subject header.

You can also email us with suggestions for topics you would like to be covered at a future forum.

