

Physiotherapy drop in clinics for children under 5 years – Southend Family centres - September 2026 – July 2027

(Physiotherapy support line number – 01702-372252; Monday-Friday between 12:30-2:30pm)

DAY	DATE	TIME	LOCATION (family centre)	PHYSIO
Wed	9 th September 2026	9:00-11:30	Friars Family centre, Shoeburyness	Priya Jackson
Tues	6 th October 2026	12:00-15:00	Blenheim family centre, Leigh-on-sea	Priya Jackson
Thur	12 th November 2026	9:00-11:30	Centre Place family centre, Southend-on-sea	Priya Jackson
Fri	11 th Dec 2026	9:00-11:30	Cambridge family centre, Southend	Priya Jackson
Mon	11 th Jan 2027	9:00-11:30	Hamstel family centre, Southchurch	Priya Jackson
Tues	23 rd Feb 2027	9:00-11:30	Westcliff Library (last Tuesday of month), Westcliff	Priya Jackson
Wed	10 th March 2027	9:00-11:30	Friars Family centre, Shoeburyness	Priya Jackson
Tues	6 th April 2027	12:00-15:00	Blenheim family centre, Leigh-on-sea	Priya Jackson
Thur	6 th May 2027	9:00-11:30	Centre Place family centre, Southend-on-sea	Priya Jackson
Fri	11 th June 2027	9:00-11:30	Cambridge family centre, Southend	Priya Jackson
Mon	5 th July 2027	9:00-11:30	Hamstel family centre, Southchurch	Priya Jackson
Tues	27 th July 2027	9:00-11:30	Westcliff Library (last Tuesday of month), Westcliff	Priya Jackson