

Freedom of Information Request

Reference Number: [EPUT.FOI.24.3832](#)
Date Received: 15 November 2024

Information Requested:

1. All available treatment pathways for patients with eating disorders in the Trust's various specialist services (e.g. inpatient / day patient / community)?

Please select all treatments and settings that apply:

- a. Early intervention pathway (such as FREED)
- b. Recovery focused pathway (not early intervention)
- c. Medical management or stabilisation pathway (such as MEED)
- d. Pathway for long-standing eating disorders (such as SEED)
- e. End of life pathway (such as palliative care)
- f. Any other type of treatment pathway not otherwise included
- g. No named pathway (e.g. monitoring rather than active treatment)

Suggested table to provide answers split by available pathways and available settings.

	Inpatient service	Day Patient service	Outreach service	Community service	Other service (please specify)
a. Early intervention pathway (such as FREED)				✓	
b. Recovery focused pathway (not early intervention)		✓		✓	
c. Medical management or stabilisation pathway (such as MEED)		✓		✓	
d. Pathway for long-standing eating disorders (such as SEED)					
e. End of life pathway (such as palliative care)					
f. Other pathway (please specify)					
g. No named pathway (e.g. monitoring)					

2. The number of eating disorder patients in total on each available pathway and in each available setting so far this year and in each of the past 5 years.

- If you can't break the pathways down by setting, please provide the total number on each pathway across the Trust, regardless of setting.
- If you can't break the settings down by pathway, please provide the total number in each setting within the Trust, regardless of pathway.
- If possible, please give inpatient numbers separately for SEDU / acute wards / mental health wards / general wards etc.

Suggested table to provide answers:

Note, the number of FREED pathway referrals received are taken from the three specific FREED teams at EPUT.

The number of Eating Disorder teams referrals received have been recorded under the 'Other Pathway' section.

		2024	2023	2022	2021	2020	2019
Early intervention pathway (such as FREED)	TOTAL						
	Inpatient						
	Day Patient						
	Outreach						
	Community	11	30	17			
Recovery focused pathway (not early intervention)	TOTAL						
	Inpatient						
	Day Patient						
	Outreach						
	Community						
Medical management or stabilisation pathway (such as MEED)	TOTAL						
	Inpatient						
	Day Patient						
	Outreach						
	Community						
Pathway for long-standing eating disorders (such as SEED)	TOTAL						
	Inpatient						
	Day Patient						
	Outreach						
	Community						
End of life pathway (such as palliative care)	TOTAL						
	Inpatient						
	Day Patient						
	Outreach						
	Community						
Other pathway (All Eating Disorder team)	TOTAL						
	Inpatient						

activity, excluding FREED)	Day Patient						
	Outreach						
	Community	432	428	445	531	435	350
No named pathway (e.g. monitoring)	TOTAL						
	Inpatient						
	Day Patient						
	Outreach						
	Community						
Total in Inpatient services							
Total in Day Patient Services							
Total in Outreach services							
Total in Community Services		443	458	462	531	435	350
OVERALL TOTAL EATING DISORDER PATIENTS IN TRUST		443	458	462	531	435	350

3. The number of patients in total with an eating disorder that have died of any cause so far this year and in each of the past 5 years.

These are the number of patients who died during the reporting period who had an open referral to the Eating Disorder service at the time of death.

Year	2024	2023	2022	2021	2020	2019
Number of deaths	1	1	0	5	1	2

4. Of the patients in question three, above, please provide the location in which the death occurred, for example, in an acute hospital, in a Specialist Eating Disorder Unit, in a palliative care setting, elsewhere in the Trust, or outside any Trust setting.

Our EPR systems do not capture the location of death, therefore we are unable to provide a response to this question.

Location	2024 to date	2023	2022	2021	2020	2019
Acute hospital						
SEDU						
Palliative care setting						
Elsewhere in Trust (please specify)						
Outside Trust						

5. Please provide a copy of your Trust's SEED (Severe and Enduring Eating disorder) pathway or similar pathway for patients with long-standing eating disorders.

EPUT does not have a formal SEED pathway, SEED patients follow the standard pathway. Please see attached

Publication Scheme:

As part of the Freedom of Information Act all public organisations are required to proactively publish certain classes of information on a Publication Scheme. A publication scheme is a guide to the information that is held by the organisation. EPUT's Publication Scheme is located on its Website at the following link
<https://eput.nhs.uk>