

Freedom of Information Request

Reference Number: [EPUT.FOI.24.3808](#)
Date Received: 06/11/2024

Information Requested:

For the purposes of this FOI, we define support for babies, children and young people aged 0 to 25 as services accessible to people in this age group, including services offered only to this age group. If you provide funding for adults and babies, children and young people, but do not have data to break this down between children and young people and adults, please specify. If you provide funding for services available to children and young people of different ages (such as services for 11–18-year-olds or services for early years) please specify. This can also include support to parents/carers to equip them to support their children's mental health.

Q1. What is your **total budget and total spend** for mental health support to babies, children and young people aged 0-25 for each of the last five years (2018/19; 2019/20; 2020/21; 2021/22; 2023/24).

Please break down these figures into your spending and budget for the following three categories:

- A. What is your total budget and total spend for each of the last five years (2018/19; 2019/20; 2020/21; 2021/22; 2023/24) for **specialist services** which we define as including, but not limited to; inpatient care, crisis and risk support (including day hospitals, home treatment teams and very specialist services), and specialist secondary care CAMHS. If Essex Partnership University NHS Foundation Trust provides other specialist services not listed, please list and include budget and spending figures. If you hold this data, please list figures broken down by type of specialist service.

The table details the direct budget and direct spend in relation to the services in relation to CAMHS and people aged 0-25 that we can directly identify separately.

£m	18/19	19/20	20/21	21/22	22/23	23/24
Budget	4.54	5.54	5.90	6.43	8.63	9.60

£m	18/19	19/20	20/21	21/22	22/23	23/24
Spend	4.91	5.95	7.41	9.18	9.23	9.10

- B. What is your total budget and total spend for each of the last five years (2018/19; 2019/20; 2020/21; 2021/22; 2023/24) for **Community CAMHS** which we define as NHS services delivered in the community, outside of specialist services (as defined above). If you hold this data, please list the types of service you provide under community CAMHS in Essex Partnership University NHS Foundation Trust and list budget and spending figures broken down by each service.

EPUT is not a provider for CAMHS community services

- C. What is your total budget and total spend for each of the last five years (2018/19; 2019/20; 2020/21; 2021/22; 2023/24) on **non-specialist services** which we define as services delivered outside of NHS community mental health settings (formerly Tier 3) and inpatient settings (formerly Tier 4) – for children and young people. Within this definition we **exclude** signposting services and services that only provide referrals. If you hold this data, please list spending figures broken down by type of specialist service. This may include, but is not limited to, the following:
- Social prescribing
 - Bereavement services
 - Peer support
 - Mental Health Support Teams
 - School counsellors, mentors, or pastoral or key support workers
 - Educational psychologists
 - Youth groups
 - Wellbeing cafes or mental health drop-in services
 - Youth information, advice and counselling services (YIACS)
 - Early support and mental health hubs
 - Advice line for mental health issues
 - Support for parents who have children with poor mental health (please specify early years, 5-11, 12-18, 18 plus, if you hold the data).
 - Targeted service(s) for LGBTQ+ children and young people; children and young people from minority ethnic / racialised communities; children in care and care leavers; for other underserved children and young people (please list).
 - Targeted service(s) for children and young people on waiting lists for access to NHS mental health services (formerly tier 3)
 - Art or music therapy
 - Online support service / app
 - Occupational therapy
 - Specific services or approaches for underserved groups including minority ethnic children and young people, LGBT+ children and young people, children and young people with Special Educational Needs and Disabilities, young people at risk of criminal exploitation, etc.

EPUT does not commission non specialist services outside of the organisation to tier 3 / 4 services

- D. If Essex Partnership University NHS Foundation Trust provides any additional non-specialist services not included in the above list, please list here, and include relevant budget and spending data in the above request for information. If your budget is **pooled** with another body i.e. neighbouring local authority, Police and Crime Commissioner etc, please specify.

Not applicable

Publication Scheme:

As part of the Freedom of Information Act all public organisations are required to proactively publish certain classes of information on a Publication Scheme. A publication scheme is a guide to the information that is held by the organisation. EPUT's Publication Scheme is located on its Website at the following link
<https://eput.nhs.uk>

