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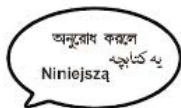
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Patient Advice and Liaison (PALS)

If you have any concerns or need advice about accessing NHS services, you can speak in confidence to PALS on **0800 085 7935** or you can email epunft.pals@nhs.net

This leaflet can be produced in large print, CD, Braille and other languages on request.



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CHILDREN AND YOUNG PEOPLE'S BLADDER AND BOWEL SERVICE



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What is the Children and Young People's Bladder and Bowel Service (CYBBS)?

The CYBBS service is a specialist service that provides care, support and advice for children with bladder and bowel problems and for delayed toilet training. We are a team of specialist nurses and advisors.

Who does the CYBBS service care for?

The CYBBS Nurses will assess and support children between the ages of 4 to 18 years who are referred with bladder and bowel problems such as constipation, soiling, nocturnal enuresis (night time bedwetting), daytime wetting and complex bladder and bowel conditions.

The CYBBS Advisors provide early intervention support to education settings, parents/carers and other health professionals to raise awareness and promote active toileting in children from the age of 2 years old especially where it is known or anticipated that the child may have difficulty with toileting.

Where can you see the CYBBS Nurses and Advisors?

Children can be assessed via face-to-face appointments in a clinic or by telephone follow-up appointments.

The Service provides clinics and drop-in sessions at different locations across the mid and south east and south west Essex.

How can you contact the CYBBS Service?

For children to attend the nurse-led clinics the child must be over 4 and referred into the service by a health professional.

For toilet training and early intervention support contact the office on 0344 257 3954 or email epunft.cybbs@nhs.net to arrange to see a CYBBS Advisor or to attend a drop-in session.

Where can you go for further information?

Check out these websites:

Children - Bladder & Bowel UK (bbuk.org.uk)

Potty training: how to start & best age to potty train - ERIC