

CONNECT TO WORK

Funded by **UK Government**

CONNECT TO WORK FOR LONG TERM HEALTH CONDITIONS JOB RETENTION

Helping you to manage
your mental and physical
long term health conditions
in the workplace



Essex
Employment Retention Service

Delivered by:



Working in partnership:



Are your mental and physical long term health conditions putting you at risk of losing your job? Are your mental and physical long term health conditions causing you to be off work or struggling at work?

By registering for Connect to Work we can provide support to overcome this.

WHAT WE DO:

- Complete an assessment with you to fully understand the issues that you are facing
- Discuss the triggers at work or elsewhere that affect your mental health and how this impacts on your work
- Support you with putting together a plan to help you return to or stay in work
- Discuss phased returns that will help you with a transition back to the workplace
- Consider appropriate reasonable adjustments that would support you to return and remain in work
- With consent, provide support at formal meetings with employers, occupational health services
- Support you and your employer with signposting and advice on additional services
- Help with putting together a Wellness Action Plan, which will provide a plan for you and your employer to help you stay well at work

If however, you consider that due to your illness, you need to leave your current role we will support you with planning an exit and wherever possible link you in with services to support you find alternative employment.

We are not able to provide legal advice and would signpost you should this be required.

ELIGIBILITY

To be eligible for our service you need to be a resident of the Essex County Council area and suffering from any level of mental and physical long term health conditions that are affecting your ability to carry out your work.

HOW TO REGISTER YOUR INTEREST

If you want help with retaining your employment please register your interest for the Connect to Work service by scanning the QR code below and filling out the registration form.

Our employment retention specialists cover the following locations:

The service is for anyone who resides in Greater Essex.

MID ESSEX DISTRICTS:

Maldon, Chelmsford and Braintree

NORTH ESSEX DISTRICTS:

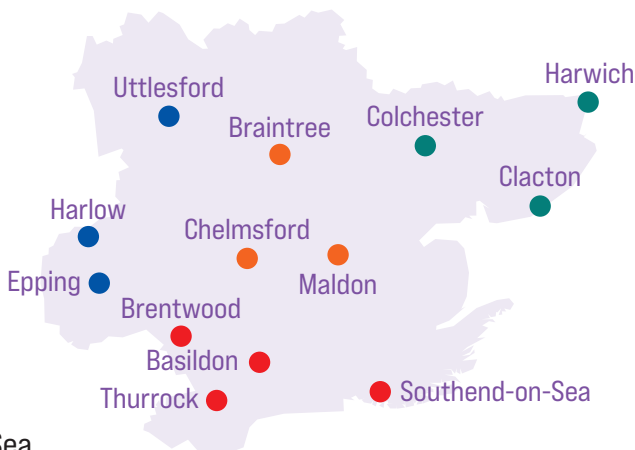
Colchester and Tendring

WEST ESSEX DISTRICTS:

Epping Forest, Harlow, Uttlesford

SOUTH ESSEX DISTRICTS:

Basildon, Brentwood, Thurrock, Castle Point, Rochford, Southend-on-Sea

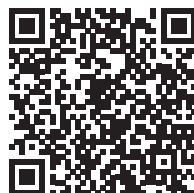


**GENERAL ENQUIRIES OR
HELP COMPLETING THE
REGISTRATION FORM:**

✉ epunft.employmentservices@nhs.net

☎ 0300 7900 573

Scan me!



PATIENT ADVICE AND LIAISON SERVICE (PALS)

If you have any concerns or need advice about accessing NHS services, you can speak in confidence to PALS on **0800 279 7257** or you can email pals@nsft.nhs.uk

This leaflet can be produced in large print, CD, Braille and other languages on request.

largeprint



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Get in touch: Essex Employment Retention Service
Tel: **0300 7900 573**
Email: epunft.employmentservices@nhs.net

Essex Connect to Work – Mental Health and Long-Term Health Condition Employment Support is delivered for Essex County Council by: