



Norfolk and Suffolk
NHS Foundation Trust

Employment Services

IPS Employment Services



Are you thinking about going back to work?

We can help

How we will work with you

We are specialists in supporting people who have experienced severe mental illness to find employment at a pace that works for them.

We will work with you to find paid work and stay in work by using the Individual Placement and Support (IPS) model. We will help you decide what type of work you are interested in and put together an action plan which may include:



How to ask for a referral

If you are thinking about finding full or part-time work, then talk it over with your care coordinator or another member of your community team and ask to be referred to your local employment specialist.

Alternatively complete your details below and hand this leaflet to the reception at your community mental health team.

Our employment specialists are based in the community at the following locations:

Central and East Suffolk	Ipswich Mariner House, Ipswich Walker Close, Stowmarket
West Suffolk	Bury St Edmunds, Newmarket

Expression of interest:

I am interested in receiving support from the Employment Service

Name

Telephone

Email

Patient Advice and Liaison Service (PALS)

If you have any concerns or need advice about accessing NHS services, you can speak in confidence to PALS on **0800 279 7257** or you can email **pals@nsft.nhs.uk**

This leaflet can be produced in large print, CD, Braille and other languages on request.



All delivery partners regards equality and diversity as integral to the way it works. Our staff will ensure that everyone is treated fairly and no one is discriminated against on the basis of their ethnicity, gender, disability, age, sexual orientation and religion or belief.

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