

## Freedom of Information Request

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Reference Number: [EPUT.FOI.24.3678](#)

Date Received: 19/08/2024

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### Information Requested:

1. Does your organisation **commission or provide** (please specify) referral, diagnosis or treatment services for the following?

a. ASD in children – Yes, Integrated Care Board (ICB) commissions Essex University Partnership Trust (EPUT) from referral, diagnosis or treatment if they have co-occurring condition.

b. ASD in adults – Yes the Integrated Care Board (ICB) for Mid and South Essex (MSE) commissions Essex Partnership University Trust (EPUT) to provide a service to adults (aged 18 and above) for diagnostic assessments and some limited post diagnostic support. The Integrated Care Board (ICB) for North East Essex commissions Essex Partnership University Trust (EPUT) to provide a service to adults (aged 18 and above) for diagnostic assessments where they are not already known to mainstream mental health services.

c. ADHD in children - Yes, Integrated Care Board (ICB) commissions Essex University Partnership Trust (EPUT) from referral, diagnosis or treatment if they have co-occurring condition.

d. ADHD in adults - Yes the Integrated Care Board (ICB) for Mid and South Essex (MSE) commissions Essex Partnership University Trust (EPUT) to provide a service to adults (aged 18 and above) for diagnostic assessments, pharmacological treatment and some limited non-pharmacological post diagnostic support. The Integrated Care Boards (ICB) for North East Essex and West Essex commission Essex Partnership University Trust (EPUT) to provide a service to adults (aged 18 and above) for diagnostic assessments, pharmacological treatment and some limited post non-pharmacological diagnostic support where they are not already known to mainstream mental health services.

2. Please provide an overview of the current **digital and physical care pathways**, from referral for assessment to diagnosis and long-term treatment, for **each** of the following.

a. ASD in children Please see attached document

b. ASD in adults The NE one is in the attachments with this email. The South one is similar but we do not have referrals through the SPA instead they come from a range of sources within EPUT.

c. ADHD in children please see attached document

d. ADHD in adults The one that covers NE/West and MSE is in the attachments for this email

3. Please provide each of the following, for **each of the following financial years** 2021/22, 2022/23 and 2023/24, **split by ASD in Children, ASD in adults, ADHD in children and ADHD in adults.**

Please note the following for Adult Services:

\* - NE/West Service commenced August 2021.

MSE Service commenced June 2022

\*\* - North Essex Service commenced September 2022

a. Number of:

i. People **referred** for diagnosis assessment

Service	2021/2022	2022/2023	2023/2024
ASD - Children	-	1249	2168
ADHD - Children	-	1454	1783
ASD - Adult **	224	704	994
ADHD - Adult *	763	3690	6534

ii. People **screened/triaged** and **subsequently not assessed**  
Determined as Referrals rejected as inappropriate.

Service	2021/2022	2022/2023	2023/2024
ASD - Children	-	36	97
ADHD - Children	-	40	60
ASD - Adult **	4	30	43
ADHD - Adult *	26	60	16

iii. Diagnosis **assessments** completed

For Adult ASD and ADHD the figures includes initial assessments completed which are part of the diagnostic process.

Service	2021/2022	2022/2023	2023/2024
ASD - Children	-	228	1263
ADHD - Children	-	474	807
ASD - Adult **	57	91	295
ADHD - Adult *	210	523	432

iv. People subsequently **diagnosed** with the relevant condition

Patients discharged from Adult ASD or ADHD caseloads with diagnosis. Individuals will stay on with services to receive intervention through group work or awaiting pharmacological intervention for ADHD therefore this number is higher than just those discharged from services.

Service	2021/2022	2022/2023	2023/2024
ASD - Children	-	14	399

ADHD - Children	-	6	69
		11 (this figure is not accurate but I am unable to find the info to update)	
ASD - Adult **	2 (44)		30 (40)
ADHD - Adult *	1	14 (88)	7 (52)

- b. Average (mean) **waiting time** from referral to assessment (in weeks)  
The current longest wait for our Adult ASD service in NE Essex is 1yr, and for our South ASD service is 4.5yrs. The longest waits for our Adult ADHD service for assessment is similar across NE/West and MSE and is 4yrs.

Service	2021/2022	2022/2023	2023/2024
ASD - Children	-	29w	38w
ADHD - Children	-	27w	44w
ASD - Adult **	101w	75w	103w
ADHD - Adult *	6w	21w	58w

4. What was the **total expenditure** by your organisation on **mental health services**, for **each of the following financial years** 2021/22, 2022/23 and 2023/24?

The direct expenditure recorded under Mental health services for each of the financial years requested are as follows:

Spend £m	2021/22	2022/23	2023/24
Mental Health	172.01	208.58	230.65

5. Please provide each of the following **expenditures by your organisation**, for **each of the following financial years** 2021/22, 2022/23 and 2023/24, **split by ASD in Children, ASD in adults, ADHD in children and ADHD in adults**.

- a. **Total expenditure**

The table below shows the reported direct spend in relation to ASD and ADHD services provided by EPUT. We are currently unable to split out the cost to report the spend on just child ASD/ADHD services. The spend on Child ASD/ADHD below relates to the Lighthouse Child Development Centre which offers services for children and young people aged 0 to 18 years who have neurodevelopmental and neurodisability disorders. The centre also offers specialist services for children's occupational therapy, physiotherapy and speech and language therapy. We provide assessments and treatment for children and young people who have, or are at risk of having:

- speech, language or communication difficulties
- musculoskeletal problems
- physical disabilities
- learning disabilities
- co-ordination difficulties

- emotional or behavioural difficulties
- acute or chronic illness

Service	21-22 £m	22-23 £m	23-24 £m
Adult ASD	0.14	0.23	0.47
Adult ADHD	0.26	0.64	0.82
Child ASD/ADHD	0.18	2.84	4.58
<b>Total Direct spend</b>	<b>0.58</b>	<b>3.70</b>	<b>5.87</b>

- b. **Split of expenditure by:**
- Screening/triage of referrals**
  - Diagnosis assessments**
  - Post-diagnosis treatment (including medication)**
  - Post-diagnosis follow-up**
  - Other expenditures (please specify)**

We are not able to provide this information split by the categories requested.

6. For **all providers used since 2021/22** for the provision of ASD in Children, ASD in adults, ADHD in children or ADHD in adults services, please provide the following information:

- Name of provider Essex University Partnership Trust (EPUT) for all of the ASD and ADHD services for Children and Adults. The ICBs also have other providers for the same areas for both childrens and adults services.
- NHS or independent provider Essex University Partnership Trust (EPUT) - NHS provider. The ICBs also have other providers for the same areas for both childrens and adults services.
- Categories of **patients served** (children ASD, adult ASD, children ADHD, adult ADHD)
- Services provided** for your organisation (e.g. screening/triage, diagnostic assessment, treatment, long-term follow-up)  
For all of the ASD and ADHD services for Children and Adults provided by the Trust we offer:

- **ASD Children and ADHD Children** - Screen/triage, diagnostic assessment, treatment, long-term follow-up.
  - **ASD Adult and ADHD Adult** – For Mid and South Essex (MSE) provide an ASD service to adults (aged 18 and above) for diagnostic assessments and some limited post diagnostic support. For North East Essex provide an ASD service to adults (aged 18 and above) for diagnostic assessments where they are not already known to mainstream mental health services.
  - For Mid and South Essex (MSE) provide an ADHD service to adults (aged 18 and above) for diagnostic

assessments, pharmacological treatment and some limited non-pharmacological post diagnostic support. For North East Essex and West Essex provide an ADHD service to adults (aged 18 and above) for diagnostic assessments, pharmacological treatment and some limited post non-pharmacological diagnostic support where they are not already known to mainstream mental health services.

- **ASD Children and ADHD Children** - Deliver Observation Assessment Home or Pre-school behaviour and gather additional information.
- **ASD Adult and ADHD Adult** – As above
- **ASD Children and ADHD Children** - We deliver across South East Essex group / Individual based Intervention or Pre & Post Psycho education
  - **ASD Adult and ADHD Adult** - We deliver an ASD service in south Essex which is for diagnostic assessments and some limited post diagnostic support or support for those with an existing diagnosis. We deliver an ASD service in NE Essex which is for diagnostic assessments for those people not open to mainstream MH services. We deliver an ADHD service across North Essex and West Essex which is for diagnostic assessment, pharmacological and some limited non pharmacological support for those not open to mainstream MH services. We deliver an ADHD service across MSE (Mid and South Essex) which is for diagnostic assessment, pharmacological and non pharmacological support.

e. **Total expenditure by your organisation on their services** for each of the following financial years 2021/22, 2022/23 and 2023/24 We are a Provider and the response to this question is the same as question 5.

f. **Number of people accessing their services commissioned by your organisation** for each of the following financial years 2021/22, 2022/23 and 2023/24

The table below has been based on the number of patients with at least one face to face or non-face to face contact in the financial year.

Service	2021/2022	2022/2023	2023/2024
ASD - Children	-	440	1806

ADHD - Children	-	1090	2070
ASD - Adult **	137	319	528
ADHD - Adult *	288	904	1017

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**Publication Scheme:**

As part of the Freedom of Information Act all public organisations are required to proactively publish certain classes of information on a Publication Scheme. A publication scheme is a guide to the information that is held by the organisation. EPUT's Publication Scheme is located on its Website at the following link <https://eput.nhs.uk>