

Freedom of Information Request

Reference Number: [EPUT.FOI.24.3708](#)

Date Received: 03/09/2024

Information Requested:

1. Does your Trust provide mental health services for children and young people?
[EPUT provides Children and Young People's mental health inpatient services](#)
2. NHS England has decided that referrals to children and young people's gender services must come from NHS Paediatric or mental health services. It has said that this will come into effect from 1 September 2024 to allow time for NHS services to adjust their operating protocols. Please outline what changes you have made to your operating protocols in response to this decision by NHS England and what date these changes were made by.

[Community Children's service provided by EPUT is liaising with CAMHS to develop pathways and protocols.](#)

[EPUT do have a clinical guideline for the care and management of transgender patients \(adults & children\)](#)

3. Can you identify:
 - a. Which staff assess patients requesting access to gender services

[The number of incidents reported for Gender Identity or Trans Identity were:
2022-2023– * Due to the low numbers involved, this response is exempt from release as individuals may be identified.](#)
 - b. Which staff decide whether to refer onward to gender services

[The number of incidents reported for Gender Identity or Trans Identity were:
2022-2023– * Due to the low numbers involved, this response is exempt from release as individuals may be identified.](#)
 - c. What is the basis of the decision whether to refer to gender services –

[The number of incidents reported for Gender Identity or Trans Identity were:
2022-2023– * Due to the low numbers involved, this response is exempt from release as individuals may be identified.](#)
4. Please outline any training your trust provides staff around trans healthcare. Please include:
 - a. the title of the training
 - b. the length of the training
 - c. who provides the training

- d. what staff group it is for
- e. whether it is mandatory

The training consists of two modules:

Module 1: Healthcare for gender diverse (transgender, non-binary, non-gender) adults. The Training includes definitions of key terms, an overview of treatment and the role of Primary Care with regard to referral pathways, ongoing treatment and monitoring in collaboration with specialised services.

Module 2: Describes the care of gender diverse children and young people and gives an overview of the support and treatment provided to this group. Gender diversity may be experienced and expressed by young people of all ages, including pre-school children. The module also covers Primary Care responsibilities with regard to referral pathways, ongoing treatment and monitoring in collaboration with specialised services. Following a decision in the High Court on 1 December 2020, the provision of hormone blocking and gender affirming medication, as described in this resource, may have to be approved by a Court order.



Clinical Guideline for
Transgender guidance

All staff attend Trust provided and externally provided e-learning training programmes and/or classroom training as directed by their service manager. Training programmes are available through OLM, this enable monitoring of uptake.

The Trust has a range of learning and training resources that can be accessed by all staff via the Equality and Inclusion Hub.

CPD accredited e-learning resource to help professionals and families understand the needs of gender diverse children and young people. The e-learning programme is designed for:

- Health and social care providers
- Medical professionals
- Educational professionals
- Families of gender diverse children and young people

The programme consists of three e-learning modules each of which will take about 25 minutes to complete.

5. What percentage of staff who assess patients requesting access to gender services have completed the training listed above around trans healthcare?

As of 14th October 2024 the current training percentage is 83%

Publication Scheme:

As part of the Freedom of Information Act all public organisations are required to proactively publish certain classes of information on a Publication Scheme. A publication scheme is a guide to the information that is held by the organisation. EPUT's Publication Scheme is located on its Website at the following link
<https://eput.nhs.uk>