



Are you thinking about accessing employment?

We can help

## How we will work with you

We are specialists in supporting people who have experienced mental illness to find employment at a pace that works for them.

We will work with you to find paid work and stay in work by using the Individual Placement and Support (IPS) model. Helping you to decide what type of work accommodates your interests, skills & experiences and your individual support needs; putting together an action plan which may include:





## How to ask for a referral

If you are thinking about finding full or part-time work, or would like more information around employment you can ask to be referred to your local employment specialist by a member of the clinical support team.

Alternatively please complete your details below and hand this leaflet to the reception at your community mental health team.

Our employment specialists cover the following locations:

Mid Essex	Chelmsford, Braintree, Witham, Maldon, Halstead.
North East Essex	Colchester, Clacton, Harwich.
West Essex	Harlow, Epping, Loughton, Uttlesford.
South West Essex	Basildon, Brentwood.
South East Essex	Rayleigh, Southend, Canvey Island.

I am interested i	n receiving supp	oort from the	IPS Employmen	t Service
	_			
Name				
Telephone				
Email				



## Patient Advice and Liaison Service (PALS)

If you have any concerns or need advice about accessing NHS services, you can speak in confidence to PALS on **0800 279 7257** or you can email **pals@nsft.nhs.uk** 

This leaflet can be produced in large print, CD, Braille and other languages on request.







All delivery partners regards equality and diversity as integral to the way it works. Our staff will ensure that everyone is treated fairly and no one is discriminated against on the basis of their ethnicity, gender, disability, age, sexual orientation and religion or belief.

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